

# DESIGN PROCESS FOR LIFE

**THE PROCESSES OF LIFE DUPLICATE  
EACH OTHER. A SUCCESSFUL LIFE CAN  
BE CREATED WITH A PLAN, MUCH LIKE A  
SUCCESSFUL DESIGN.**



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*Living a Wildly Successful lifestyle is more than just financial success. It's about finding true happiness inside. Being in nature is a way to connect with yourself.*

**“WE ONLY HAVE TO MOVE BEYOND THE BARRIERS WE HAVE CREATED TO A BLISSFUL AND EMPOWERING VIEW OF REALITY”**

**-WAYNE DYER**

### Step 1: Overall Goal: (Write it down)

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- Get Clarity on what you want
- What is the goal you want to accomplish?
- The more specific you are, the better

### Step 2: Envision the outcome through mood boards/vision boards

- Create a mood board in Pages on Mac, Pinterest or Microsoft Word
- Get as specific as you can with images of exactly what you want your outcome to be
- Use your mood board as your screen saver or phone wallpaper

### Step 3: Put a plan together for the outcome you desire

- What steps will it take for your outcome to become a reality ?
- What do you need to do each day to reach the desired outcome?
- What habits do you need to create to reach your outcome

### Step 4: Schedule each step of the plan

- Your daily calendar is a valuable tool when it comes to scheduling your outcome
- Schedule each hour of your day with the steps you have created
- Be as specific as possible with scheduling these steps. The more specific you are the more clarity you have.